

#### Craft Mastery

"Up" your conflict management game and your powers of persuasion



### Skills to "Up" our game

- Storytelling
- Crafting Great Questions:
- Reframing for empowerment





#### "A time you..."

- 1. Had a breakthrough with a supervisor
- 2. Made a mistake and learned a valuable lesson
- 3. A moment in your professional life that felt like a turning point
- 4. Your proudest moment as a union leader

#### The Rules

- Each teller has 5 minutes
- Each teller has WHOLE 5 minutes. If teller finishes early:
  - Can talk about the story... or anything else
  - Can retell the story, or part of it
- Listeners must remain silent



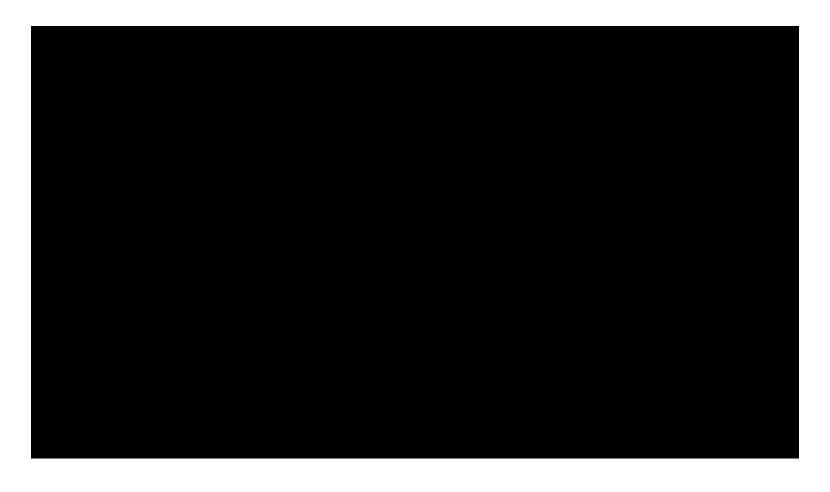
#### Now, Listeners:

Silently, write down 3 empowering questions you would use to help the teller gain more insight into his/her own story

You'll use them later for self reflection.



#### It's **NOT** About the Nail!



## Storytelling

for persuasion





### From the Beginning...





#### Facts and Logic

We cling to our facts.
Facts prove our point... right?





### Story: Defined

A reimagined experience narrated with enough detail and feeling to cause your listeners' brains to experience it as real





## Why Your Brain Likes Storytelling

Stories give us the freedom to come to our own conclusions





#### Coming to our own conclusions

Is he the "hero"?





#### Coming to our own conclusions

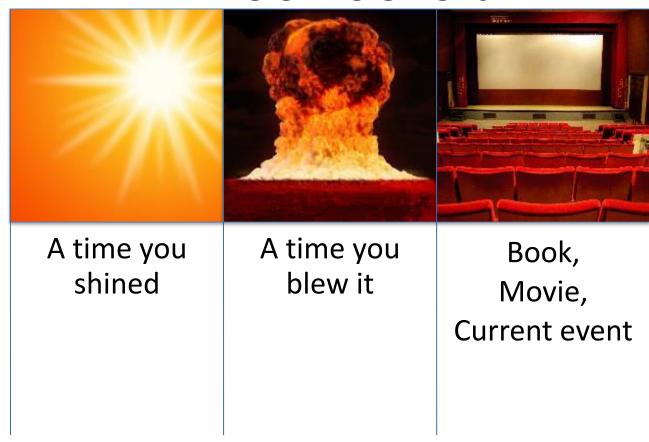
#### Or are they?







### Find your Story: Three Buckets





### Skillful Inquiry

for Empowering Exchanges

### What good questions do to people

- Communicate your intention
- Set, maintain a tone
- Structure dialogue
- Clarify messages
- Foster understanding



### What bad questions do to people

- Communicate your intention
- Set, maintain a tone
- Structure dialogue
- Cloud messages
- Foster misunderstanding





# The only true wisdom is in knowing you know nothing.

Socrates



## Intention: What's Your Aim?

Decide your purpose

Check your assumptions

Seek first to understand





#### Questions can be either:

#### **CURIOUS**



**HELPFUL** 



Intent to learn

Genuinely don't know answer

Intent to influence ("leading" q's)

Probably know answer



#### Questions can be either:

**EMPOWERING** 



DISEMPOWERING



Conveys Emotional Power

Focuses on the Positive

Implicitly Judgmental
Triggers Defensiveness



#### Disempowering Questions

- Implicitly Judgmental
- Trigger Defensiveness
- Impacted by Tone and Body-Language



Why would you want to do that?



#### **Empowering Questions**

- Convey Emotional Power
- Focus on the Positive
- Includes Appreciative Inquiry



What would resolution look like to you?



### Framing



### Framing

Shaping the way we view an issue:

- -why it exists;
- -what's important about it
- -from the past to the future
- -from negative to positive
- -from weakness to empowerment





# Questions as a Tool for Framing/Reframing

It was a disaster



# Questions as a Tool for Framing/Reframing

- It was a disaster
   How can we
  - How can we learn from this?



### Reframe with Probing Questions

### To further understand/explore

"Can you give me an example?"

"Tell me more about \_\_\_"

"What else happened?"





# Reframe with Paraphrasing Questions

## Check understanding; help with expression

"Let me see if I understand... is that right?"

"I hear several ideas we may want to address... 1...2... is that correct?"





# Reframe with Redirecting Questions

Pull attention back to subject; get "unstuck"

"We spent a lot of time on \_\_\_.

How can we get more information on \_\_\_?"

"Good question; let's ask what thinks"





# Reframe with Referencing-Back Questions

## Link ideas together; show progress

"That reminds me of what \_\_\_\_ said earlier. How do you see the two ideas relating?"

"Earlier I heard \_\_\_ say \_\_\_, and you disagreed, but now I hear what sounds like some agreement, what do you think?"





# Shifting Perspective

## Test assumptions; encourage creativity, problem-solving

"Clearly there is disagreement on \_\_\_\_; can we agree on \_\_\_\_?"

"How will implementing \_\_\_ affect ?"

"What are the advantages/ disadvantages to \_\_\_?"





### PRACTICE



We've tried that already.



We don't have time to do any of that.



It's just the way it is.



More Framing:

# QUESTIONS AS A TOOL FOR SELF-REFLECTION

When nothing is working:

"How have I contributed..."



#### Personal Practice:

"What worked well for me?"
"What behaviors didn't serve me?"



#### Personal Practice:

"What can I take from this experience?"
"How can I apply it next time?"

Using the questions you wrote down in the first activity evaluate if you now would reframe them.



#### Takeaways

- Develop a sense of intention
- Understand the environment your questions are creating





#### Takeaways

- Be self-aware of our own filters and how they may preempt skillful inquiry best practices
- Be more curious





#### Takeaways

 Reframe for positive, empowering, resolution-oriented exchanges

